

# LUNCH

Served between 12pm and 4pm

## Salads and Light Bites

### Chicken Caesar Salad £14.50

Steamed chicken pieces, baby gem lettuce and Parmesan cheese dressed in Cardini's Caesar dressing topped with black pepper croutons and crispy Parma ham.

### Greek Salad £13.90

Greek feta cheese, sun blushed tomatoes, plum tomatoes, black olives, balsamic red onion, peppers and cucumber on a bed of mixed leaves with lemon olive oil and balsamic glaze dressings.

### Roasted Vegetable, Hummus and Beetroot Salad £13.80

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

### Salmon and Crayfish Salad £15.40

Mini salmon fillet, crayfish tails, boiled egg, peppers, cucumber, plum tomato and capers on a bed of mixed leaves. Finished with honey and mustard and Marie Rose dressings.

### Halloumi and Blueberry Salad £13.90

Grilled halloumi, pickled radishes, peppers, cucumber, sun blushed tomatoes, roasted red onion, blueberries and plum tomatoes on a bed of mixed leaves, dressed with a blueberry and lemon dressing.

### Soup of the Day £7.80

Freshly made soup served with a bread roll and butter.

### Vegan Soup of the Day £7.80

Freshly made soup served with a bread roll and margarine.

### Mushroom and Walnut Pâté £8.80

Homemade mushroom and walnut pâté with a classic tomato chutney, toasted sour dough and a salad garnish dressed with balsamic glaze.

### Chicken Liver Pâté £8.80

Homemade chicken liver pâté served with a classic tomato chutney, toasted sour dough and a salad garnish dressed with balsamic glaze

### Lancashire Cheese and Onion Quiche £13.80

Homemade Lancashire cheese and red onion quiche served warm with a tomato chutney, buttered new potatoes and either a side salad or buttered vegetables.

### Smoked Mackerel £12.60

A warm fillet of smoked mackerel with a beetroot salad garnish, pickled radish and brown bread and butter.

### Pork Burger £13.50

An Althams pork burger topped with Lancashire cheese and served in a white bap with baby gem lettuce and a sunblushed tomato mayonnaise, salad garnish and coleslaw.

Double up with an extra cheese topper burger. £3.00

### Ploughman's Lunch £16.90

The Pork Shop of Poulton dinky pork pie served with roasted ham, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

### Vegetarian Ploughman's Lunch £16.90

Honeywell's vegan roll served with a slice of Lancashire cheese and red onion quiche, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

# LUNCH

Served between 12pm and 4pm

## Main Meals

Served 12pm until 3pm

### **Braised Beef Steak** £21.00

Braised beef steak, mashed potato, seasonal vegetables and a creamy peppercorn sauce.

### **Vegetable Curry, Rice and Naan Bread** £18.00

Chickpea, pepper, red onion and tomato curry served with rice and a warm Naan bread.

### **Seabass Fillets** £21.20

Served with new potatoes, seasonal vegetables and a lemon and chive butter.

### **Sausage and Mash** £18.50

Altham's Cumberland sausages served with mashed potatoes, seasonal vegetables and an onion gravy.

### **Vegan Sausage and Mash** £18.50

Honeywell's vegan sausages served with mashed potatoes, seasonal vegetables and a meat free gravy.

## Sandwiches

All served on white or brown bread with a honey mustard dressed salad garnish and coleslaw.

### **Dewlay's Lancashire Cheese Sandwich** £9.90

With a classic tomato chutney.

### **Honeywell's Roast Ham Sandwich** £11.90

With Branston pickle.

### **Steamed Scottish Salmon Sandwich** £12.30

In a lemon and parsley crème fraiche.

### **Egg Mayonnaise Sandwich** £9.90

Made with free range eggs.

### **Tuna Mayonnaise Sandwich** £10.80

With spring onion.

## Wraps

All served with a balsamic dressed salad garnish and coleslaw.

### **Sweet Chilli Chicken Wrap** £13.50

Steamed chicken pieces, baby gem lettuce and sun blushed tomatoes with a sweet chilli dressing.

### **Crayfish Cocktail Wrap** £13.50

Crayfish tails, baby gem lettuce, sun blushed tomatoes and a Marie Rose dressing.

### **Roasted Vegetable and Hummus Wrap** £12.50

Roast vegetables, sun blushed tomatoes, baby gem lettuce and hummus.

# LUNCH

Served between 12pm and 4pm

## Paninis

All served on warm panini bread with a honey mustard dressed salad garnish and coleslaw.

|  |               |
|--|---------------|
| <b>Pan Fried Minute Steak with Fried Onions Panini</b> | <b>£12.80</b> |
| Add Lancashire cheese                                  | £1.30         |
| Add mushrooms  | £1.30         |
| Add Garstang blue cheese                               | £1.30         |
| <b>Tuna and Spring Onion Melt Panini</b>               | <b>£12.20</b> |
| Topped with Lancashire cheese.                         |               |
| <b>Roasted Vegetable Panini</b>                        | <b>£12.00</b> |
| With hummus.   |               |
| <b>Mushroom and Cheese Panini</b>                      | <b>£11.90</b> |
| Field mushrooms and Garstang blue cheese.              |               |
| <b>Halloumi, Lettuce and Sunblushed Tomato Panini</b>  | <b>£11.90</b> |
| With mayonnaise.                                       |               |
| <b>Ham and Cheese Panini</b>                           | <b>£12.40</b> |
| Roasted Honeywell's ham and Lancashire cheese.         |               |

**Add a bowl of soup to any sandwich, panini or wrap for £4.20**

## **Add a bag of Lancashire Crisps for £1.30**

(Sea Salt, Sea Salt and Lancashire Vinegar, Lancashire Cheese and Onion, Lancashire Sauce, Black Pudding and English Mustard or Sea Salt and Cracked Black Pepper)

## Sides

|   |              |
|---|--------------|
| <b>Potato Wedges</b>  | <b>£5.50</b> |
| Served with garlic mayonnaise.  |              |
| <b>Side Salad</b>   | <b>£5.50</b> |
| Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing. |              |
| <b>Buttered Vegetables</b>  | <b>£5.50</b> |
| Steamed seasonal vegetables with salt, pepper and butter.   |              |
| <b>Crusty Bread Roll</b>  | <b>£1.50</b> |
| White or brown freshly baked crusty roll served with butter or margarine.   |              |
| <b>Buttered New Potatoes</b>  | <b>£5.50</b> |
| Steamed new potatoes finished with salt, pepper, parsley and butter.  |              |

# VEGETARIAN LUNCH

Served between 12pm and 4pm

## Salads and Light Bites

### Roasted Vegetable, Hummus and Beetroot Salad £13.80

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

### Halloumi and Blueberry Salad £13.90

Grilled halloumi, peppers, cucumber, pickled radishes, sun blushed tomatoes, roasted red onion, blueberries and plum tomatoes on a bed of mixed leaves, dressed with a blueberry and lemon dressing.

### Greek Salad £13.90

Greek feta cheese, sun blushed tomatoes, plum tomatoes, black olives, balsamic red onion, peppers and cucumber on a bed of mixed leaves with lemon olive oil and balsamic glaze dressings.

### Soup of the Day £7.80

Freshly made soup served with a bread roll and butter.

### Vegan Soup of the Day £7.80

Freshly made soup served with a bread roll and margarine.

### Mushroom and Walnut Pâté £8.80

Homemade mushroom and walnut pâté with a classic tomato chutney, toasted sourdough and a salad garnish dressed with balsamic glaze.

### Lancashire Cheese and Onion Quiche £13.80

Homemade Lancashire cheese and red onion quiche served warm with a classic tomato chutney, buttered new potatoes and either a side salad or vegetables.

### Vegetarian Ploughman's Lunch £16.90

Honeywell's vegan roll served with a slice of Lancashire cheese and red onion quiche, boiled egg, Lancashire cheese, smoked cheddar cheese, pickled radishes, a classic tomato chutney and a crusty bread roll.

## Main Meals

Served 12pm until 3pm

### Vegetable Curry, Rice and Naan Bread £18.00

Chickpea, pepper, red onion and tomato curry served with rice and a warm Naan bread.

### Vegan Sausage and Mash £18.50

Honeywell's vegan sausages served with mashed potatoes, seasonal vegetables and a meat free gravy.

## Paninis

All served on a warm panini bread with a honey mustard dressed salad garnish and coleslaw.

### Roasted Vegetable Panini £12.00

With hummus.

### Mushroom and Cheese Panini £11.90

Field mushrooms and Garstang blue cheese.

### Halloumi, Lettuce and Sunblushed Tomato Panini £11.90

With mayonnaise.

# VEGETARIAN LUNCH

Served between 12pm and 4pm

## Sandwiches

All served on buttered white or brown bread with a honey mustard dressed salad garnish and coleslaw.

**Dewlay's Lancashire Cheese Sandwich** £9.90

With a tomato chutney.

**Egg Mayonnaise Sandwich** £9.90

Made with free range eggs.

## Wraps

All served with a balsamic dressed salad garnish and coleslaw.

**Roasted Vegetable and Hummus Wrap** £12.50

Roast vegetables, sun blushed tomatoes, baby gem lettuce and hummus.

**Add a bowl of soup to any sandwich, panini or wrap for £4.20**

**Add a bag of Lancashire Crisps for £1.30**

(Sea Salt, Sea Salt and Lancashire Vinegar, Lancashire Cheese and Onion, Lancashire Sauce, Black Pudding and English Mustard or Sea Salt and Cracked Black Pepper)

## Sides

**Potato Wedges** £5.50

Served with garlic mayonnaise.

**Side Salad** £5.50

Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing.

**Buttered Vegetables** £5.50

Steamed seasonal vegetables with salt, pepper and butter.

**Crusty Bread Roll** £1.50

White or brown freshly baked crusty roll served with butter or margarine.

**Buttered New Potatoes** £5.50

Steamed new potatoes finished with salt, pepper, parsley and butter.

# GLUTEN FREE LUNCH

Served between 12pm and 4pm

## Salads and Light Bites

### Roasted Vegetable, Hummus and Beetroot Salad £13.80

Roasted vegetables, hummus, beetroot, sun blushed tomatoes, pickled radishes, cucumber, peppers and plum tomatoes on a bed of mixed leaves finished with toasted pistachio nuts, lemon olive oil and a beetroot reduction.

### Salmon and Crayfish Salad £15.40

Mini salmon fillet, crayfish tails, boiled egg, peppers, cucumber, plum tomato and capers on a bed of mixed leaves. Finished with honey and mustard and Marie Rose dressings.

### Halloumi and Blueberry Salad £13.90

Grilled halloumi, pickled radishes, peppers, cucumber, sun blushed tomatoes, roasted red onion, blueberries and plum tomatoes on a bed of mixed leaves, dressed with a blueberry and lemon dressing.

### Greek Salad £13.90

Greek feta cheese, sun blushed tomatoes, plum tomatoes, black olives, balsamic red onion, peppers and cucumber on a bed of mixed leaves with lemon olive oil and balsamic glaze dressings.

### Soup of the Day £7.80

Freshly made soup served with a gluten free brioche roll and butter.

### Vegan Soup of the Day £7.80

Freshly made soup served with a gluten free brioche roll and margarine.

### Mushroom and Walnut Pâté £8.80

Homemade mushroom and walnut pâté served with gluten free toasted white bread and tomato chutney.

### Chicken Liver Pâté £8.80

Homemade chicken liver pâté served with gluten free toasted white bread and a tomato chutney.

### Smoked Mackerel £12.60

A warm fillet of smoked mackerel with a beetroot salad garnish, pickled radish and gluten free bread and butter.

### Ploughman's Lunch £16.90

Honeywell's roast ham served with a boiled egg, Lancashire cheese, smoked cheddar, pickled radishes, a classic tomato chutney and a gluten free roll with butter.

## Main Meals

Served 12pm until 3pm

### Vegetable Curry, Rice and Naan Bread £18.00

Chickpea, pepper, red onion and tomato curry served with rice and a warm gluten free wrap.

### Braised Beef Steak £21.00

Braised beef steak, mashed potato, seasonal vegetables and a creamy peppercorn sauce.

### Seabass Fillets £21.20

Served with new potatoes, seasonal vegetables and a lemon and chive butter.

### Sausage and Mash £18.50

Altham's Cumberland sausages served with mashed potatoes, seasonal vegetables and an onion gravy.

# GLUTEN FREE LUNCH

Served between 12pm and 4pm

## Sides

**Potato Wedges** £5.50

Served with garlic mayonnaise.

**Side Salad** £5.50

Cucumber, peppers, plum tomatoes, sun blushed tomatoes on a bed of mixed leaves dressed in either a honey and mustard or lemon oil and balsamic dressing.

**Buttered Vegetables** £5.50

Steamed seasonal vegetables with salt, pepper and butter.

**Gluten Free Bread Roll** £1.50

Freshly baked white gluten free roll served with butter or margarine.

**Buttered New Potatoes** £5.50

Steamed new potatoes finished with salt, pepper, parsley and butter.

## Sandwiches

*All served on white gluten free bread with a honey mustard dressed salad garnish and coleslaw.*

**Dewlay's Lancashire Cheese Sandwich** £9.90

With a tomato chutney.

**Honeywell's Roast Ham Sandwich** £11.90

With a tomato chutney.

**Steamed Scottish Salmon Sandwich** £12.30

In a lemon and parsley crème fraiche.

**Egg Mayonnaise Sandwich** £9.90

Free range eggs.

**Tuna Mayonnaise Sandwich** £10.80

With spring onion.

**Add a bowl of soup to any sandwich for £4.20**

**Add a bag of Lancashire Crisps for £1.30**

(Sea salt, Lancashire Cheese and Onion, Lancashire Sauce, Black pudding and English mustard or Sea salt and cracked black pepper)