

# Aspidistra

Fully deserving of its common name, Cast Iron Plant, the Aspidistra is resilient, low maintenance and can tolerate a fair degree of neglect.

**Sunlight:** Choose a spot in moderate to low light and avoid positions in direct sun.

**Water:** Aspidistra is a drought-tolerant plant, so it doesn't need to be watered very often. During the growing season (spring and summer), water every 1-2 weeks, allowing the soil to dry out between waterings. During the winter, water only when the soil feels completely dry.

**Humidity:** This plant does well in average humidity. To increase humidity, mist the leaves or place in a naturally humid room, like a bathroom or kitchen.

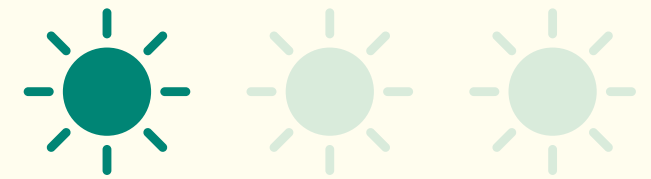
**Temperature:** Between 10°C to 29°C.

**Feed:** Feed a couple of times per year in spring and summer with a balanced liquid feed.

**Repotting:** Aspidistra thrives on being pot-bound so only divide in spring when the pot is very overcrowded.

**Top Tip:** Make sure not to overwater!

## Sunlight



## Water



## Humidity



Quick Guide

